**PSHCE - Good to be Me**

**Making Choices**

**LESSON 3**

**Objectives**

I can make a judgement about whether to take a risk

**Activities**

Introduce the idea of taking risks. Suggest that all people take risks some of the time. For some people it might be the risk of putting your hand up when you think you know the answer, while for others it might be to climb to the top of a climbing frame. Show some examples of risks being taken on next Slide.

Ask the children to think of some of the risks that people might take and some of the risks that they themselves have taken. Record these on whiteboards. Have some of the groups come out, and order them in terms of how risky these things were.

Explore with the children the idea that just because something is risky it doesn’t mean it isn’t worth doing. Ask the children whether they can think of anything that is risky and might be worth doing, for example standing up for a friend who is being bullied? Ask the children to reorder the statements according to the criteria `worthwhile’ and `not worthwhile’. Are they different?

Ask the children whether there are any risks that they have taken with their learning that had positive outcomes – for example, working with new media in art, trying something new and difficult in maths. What helped them feel able to take risks – are there things that the teacher or other children do that makes it feel OK? Ask the children if there are any risks they could take with their learning or work that they haven’t yet tried. If so, what might they be?

**Independent**

Each child should talk to a partner about something they might try that involves taking a bit of a risk to extend their skills or to improve their work.

Record their ideas on TASK sheet 3 –Taking Risks

**Plenary**

Share some of the children’s responses.

**Outcomes**

Children should consider when it okay to take risks, and identify something that they would like to achieve but feel that they would be taking a risk

**Notes**

Good to be Me PowerPoint 3

TASK Sheet 3 (Taking Risks)