



Whole School Subject Overview **P.E. 2018 - 2019**

SUBJECT	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Possible Trips & Visits
Whole school		2 hours of Physical Education Resources <ul style="list-style-type: none"> • LCP File Y1/2 • LCP File Lower KS1 • LCP File Upper KS2 Go Noodle (Top up) Sports Day Active-Travel programme (Autumn 1 and Summer 1) SUFC-CPD sessions A mile a day					
Y1	<u>Gymnastics</u>	<u>Games</u> Circle games Finding space Balancing bean bags	<u>Dance</u> Linked to topic if possible	<u>Racquet skills</u>	<u>Gymnastics</u> Perform and rehearse movements	<u>Athletics</u>	SUFC Primary Stars
	<u>Dance</u> Ourselves	Skipping skills	<u>Games</u> Bean bag Quoits Ball skills	<u>Gymnastics</u>	<u>Dance</u> Life Cycles	<u>Ball games</u> Football skills	
Y2	<u>Dance</u> Linked to topic	<u>Games</u> Bean bag Quoits	<u>Gymnastics</u>	Athletics	<u>Games</u> Circle games Finding space	Athletics	SUFC Primary Stars



Whole School Subject Overview **P.E. 2018 - 2019**

		Ball skills			Balancing bean bags		
	Skipping skills	Dance Ourselves	Athletics	<u>Ball games</u> Football skills	<u>Gymnastics</u> Perform and rehearse movements	<u>Racquet skills</u>	
Y3	<u>Striking and fielding</u> Football	<u>Invasion games</u> Throwing and Catching Improving accuracy.	<u>Gymnastics</u> Partner balancing Mirror and Match	Swimming	Swimming	Swimming	SUFC Primary Stars Festival
	<u>Dance</u> Divali	<u>Striking and fielding</u> Cricket	Skipping skills	<u>Athletics</u> Running styles Distant throwing	<u>Dance</u> During the blitz	<u>Bat and Ball</u> skills Rounders	
Y4	<u>Dance</u> Life on the Nile	<u>Striking and Fielding</u> Cricket	<u>Gymnastics</u> Partner balancing Mirror and Match	Net/wall games	<u>Swimming?</u>	<u>Swimming?</u>	SUFC Primary Stars Cricket festival/competition
	<u>Striking and fielding</u> Football	<u>Invasion games</u> Throwing and Catching Improving accuracy.	<u>Dance</u> Linked to topic	Skipping Skills	<u>Invasion games</u>	<u>Athletics</u> Basic jumping styles Jumping skills	



Whole School Subject Overview **P.E. 2018 - 2019**

Y5	<u>Invasion Games</u> Throwing and catching Improving accuracy	<u>Striking and Fielding</u> Football	<u>Gymnastics</u> Mirroring an matching	<u>Striking and Fielding</u> Cricket	<u>Movement and Dance</u>	<u>Net/wall games</u> Bouncing and catching	SUFC Festival Girls Football Multisport SUFC Mixed Football festival
	<u>Gymnastics</u> Partner balancing Rolling	Dance linked to topic	<u>Athletics</u> Running and jumping	<u>Net/wall games</u> Racquet skills	Skipping skills	<u>Invasion games</u> Moving with the ball Team games	
Y6	<u>Invasion Games</u> Throwing and catching Improving accuracy	<u>Striking and Fielding</u> Football	<u>Net/wall games</u> Bouncing and catching	<u>Athletics</u> Running and jumping	<u>Gymnastics</u> Mirroring an matching	<u>Movement and Dance</u>	PSHE at Bramall lane Mixed Football festival Basketball Sheffield Sharks
	<u>Net/wall games</u> Racquet skills	<u>Gymnastics</u> Partner balancing Rolling	Dance linked to topic	<u>Striking and Fielding</u> Cricket	<u>Invasion games</u> Moving with the ball Team games	Skipping skills	