

Start Well online Coffee and Chat advice sessions

Here is our rolling schedule:



1st Friday of the month - Toileting

2nd Friday of the month - Sleeping and Bedtime routines

3rd Friday of the month - Dump the Dummy and Oral Health Care

4th Friday of the month - General Support and Advice 0 – 5 years; *including advice and support about language development.*

Join us online for an informal chat with one of our experienced Early Years Practitioners who can offer support to Sheffield families with children under 5

All sessions will be over Zoom and free to attend.

 Here is the Zoom Link:

<https://zoom.us/j/99912098278?pwd=dVhhYTAxUDIYNEM1bkNLeHBUTEpBQT09>

Meeting ID: 999 1209 8278

Passcode: Coffee

Time: 10 - 11am



Scan the code to check out our Facebook page for even more information from the team



**Start Well
SHEFFIELD**